

Date: 2/6/2014

Time: 4:50 PM



Coffee Cake, Banana w/Streusel

Hesston College

Categories Dessert, bar

Tools Metal spatula 2", Pan ST 2 1/2"

Locations

Plate/Store

Yield 1 pan Cook

Portion 3 oz

Num Portions 40

Nutrition Facts	
Serving Size	3 oz (85g)
Servings Per Container	40
Amount Per Serving	
Calories 230	Calories From Fat 80
% Daily Value	
Total Fat 9g	14%
Saturated Fat 1.5g	6%
Trans Fat 0g	
Cholesterol 25 mg	9%
Sodium 125mg	5%
Total Carbohydrate 36g	12%
Dietary Fiber 1g	5%
Protein 3g	
Vitamin A 6%	Vitamin C 4%
Calcium 2%	Iron 6%
* Percent Daily Values are based on a 2000 calorie diet.	