

Date: 2/7/2014

Time: 6:41 AM



## Bars, Cherry

Hesston College

### Categories

Tools Metal spatula 2", Sheet pan 18x26"

### Locations

Plate/Store

Yield 1 box Cook 18 minutes

Portion 3 oz

Num Portions 80

## Nutrition Facts

Serving Size 3 oz (85g)

Servings Per Container 80

Amount Per Serving

Calories 220 Calories From Fat 70

% Daily Value

Total Fat 8g 13%

Saturated Fat 2.5g 12%

Trans Fat 0g

Cholesterol 0 mg 0%

Sodium 190mg 8%

Total Carbohydrate 33g 11%

Dietary Fiber 0g 0%

Protein 1g

Vitamin A 4% Vitamin C 0%

Calcium 0% Iron 6%

\* Percent Daily Values are based on a 2000 calorie diet.

### Nutrient Descriptors

Cholesterol Free

Good Source of Carbohydrates