

Date: 2/10/2013  
Time: 11:23 AM



# Soup, Italian Wedding

Hesston College

**Author**  
**Categories**  
**Tools**  
**Locations**  
**Plate/Store**

**Yield** 1 tub **Cook**  
**Portion** 8 fl oz  
**Num Portions** 14.33

## Nutrition Facts

Serving Size 8 fl oz  
Servings Per Container about 14

Amount Per Serving

**Calories** 120 **Calories From Fat** 36

% Daily Value

**Total Fat** 4g 6%

**Saturated Fat** 2g 7%

**Trans Fat** 0g

**Cholesterol** 10mg 3%

**Sodium** 864mg 36%

**Total Carbohydrates** 14g 5%

**Dietary Fiber** 1g 4%

**Protein** 6g

**Vitamin A** 0% **Vitamin C** 0%

**Calcium** 2% **Iron** 4%

\* Percent Daily Values are based on a 2000 calorie diet.

## Nutrition Descriptors

Low Cholesterol  
Good Source of Protein