Salad, Pasta (Lois Mast's)
Hesston College

Yield 12 serving
Portion 2 oz
Num Portions 12

Nutrition Facts
Serving Size 2 oz (57g)
Servings Per Container 12

Amount Per Serving
Calories 416 Calories From Fat 181
% Daily Value
Total Fat 20g 30%
Saturated Fat 2g 11%
Trans Fat 0g
Cholesterol 0mg 0%
Sodium 222mg 9%
Total Carbohydrates 55g 18%
Dietary Fiber 4g 19%
Protein 5g

Vitamin A 11% Vitamin C 37%
Calcium 3% Iron 9%

* Percent Daily Values are based on a 2000 calorie diet.

The following items are not included in the label data

<table>
<thead>
<tr>
<th>Ingredient</th>
<th>Reason</th>
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<tbody>
<tr>
<td></td>
<td>No quantity specified</td>
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