

Date: 11/2/2012

Time: 9:54 AM



## Reuben Sandwiches

Hesston College

### Author

**Categories** Beef, Entree, Sandwich

**Tools** Pan ST 4", Sheet pan 18x26", Tongs large metal

### Locations

**Plate/Store**

**Yield** 120 serving **Cook**

**Portion** 6 oz

**Num Portions** 120

## Nutrition Facts

Serving Size 6 oz (170g)

Servings Per Container 120

Amount Per Serving

**Calories 526** Calories From Fat 330

% Daily Value

**Total Fat 37g** 55%

Saturated Fat 11g 47%

Trans Fat 0g

**Cholesterol 49mg** 16%

**Sodium 983mg** 41%

**Total Carbohydrates 31g** 10%

Dietary Fiber 4g 17%

**Protein 18g**

Vitamin A 20% Vitamin C 24%

Calcium 32% Iron 15%

\* Percent Daily Values are based on a 2000 calorie diet.

### Nutrition Descriptors

High in Vitamin A

High in Vitamin C

High in Calcium

High in Protein

Good Source of Iron

Good Source of Carbohydrates

Good Source of Fiber