

Date: 10/26/2012

Time: 7:53 AM



Coffee Cake, Pumpkin

Hesston College

Author

Categories Dessert, cake

Tools Metal spatula 2", Pan ST 2 1/2"

Locations

Plate/Store

Yield 2 pan

Cook 30-40 minutes

Portion 2 oz

Num Portions 80

Nutrition Facts	
Serving Size 2 oz (57g)	
Servings Per Container 80	
Amount Per Serving	
Calories 231 Calories From Fat 112	
% Daily Value	
Total Fat 12g	19%
Saturated Fat 3g	13%
Trans Fat 0g	
Cholesterol 29mg	10%
Sodium 189mg	8%
Total Carbohydrates 28g	9%
Dietary Fiber 1g	4%
Protein 3g	
Vitamin A 10%	Vitamin C 1%
Calcium 4%	Iron 5%
* Percent Daily Values are based on a 2000 calorie diet.	

The following items are not included in the label data

Ingredient

Reason

No quantity specified