

Date: 10/26/2012

Time: 10:02 AM



## Cake, Spice

Hesston College

**Author**

**Categories**

**Tools**

**Locations**

**Plate/Store**

**Yield** 1 box

**Cook**

**Portion** 3 oz

**Num Portions** 80

<b>Nutrition Facts</b>	
Serving Size 3 oz (85g)	
Servings Per Container 80	
Amount Per Serving	
<b>Calories 204</b> Calories From Fat 36	
% Daily Value	
<b>Total Fat</b> 4g	6%
Saturated Fat 1g	6%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 226mg	9%
<b>Total Carbohydrates</b> 41g	14%
Dietary Fiber 13g	57%
<b>Protein</b> 2g	
Vitamin A 1%	Vitamin C 0%
Calcium 2%	Iron 2%

\* Percent Daily Values are based on a 2000 calorie diet.

The following items are not included in the label data

**Ingredient**

Icing, Maple

**Reason**

Incomplete nutrition information