

Date: 10/26/2012

Time: 10:01 AM



Cake, Devil's Food

Hesston College

Author

Categories

Tools

Locations

Plate/Store

Yield 1 box **Cook**
Portion 3 oz
Num Portions 80

Nutrition Facts

Serving Size 3 oz (85g)
Servings Per Container 80

Amount Per Serving

Calories 266 **Calories From Fat 107**

% Daily Value

Total Fat 12g 18%

Saturated Fat 3g 16%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 304mg 13%

Total Carbohydrates 34g 11%

Dietary Fiber 1g 6%

Protein 4g

Vitamin A 4% Vitamin C 0%

Calcium 4% Iron 6%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Low Cholesterol

Good Source of Carbohydrates