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Time: 12:09 PM



## Bars, Banana w/Cream Cheese Icing

Hesston College

### Author

### Categories

**Tools** Cake Pan 18x26", Metal spatula 2"

### Locations

### Plate/Store

**Yield** 1 pan **Cook**

**Portion** 3 oz

**Num Portions** 80

## Nutrition Facts

Serving Size 3 oz (85g)

Servings Per Container 80

Amount Per Serving

**Calories 236** Calories From Fat 67

% Daily Value

**Total Fat 7g** 11%

Saturated Fat 2g 9%

Trans Fat 0g

**Cholesterol 31mg** 10%

**Sodium 138mg** 6%

**Total Carbohydrates 41g** 14%

Dietary Fiber 1g 3%

**Protein 2g**

Vitamin A 7% Vitamin C 3%

Calcium 1% Iron 4%

\* Percent Daily Values are based on a 2000 calorie diet.

### Nutrition Descriptors

Low Sodium

Good Source of Carbohydrates