

Date: 7/2/2012
Time: 2:03 PM



Crisp, Cherry
Hesston College

Author

Categories Dessert, crisp / cobbler

Tools Pan ST 2 1/2", Spoon solid

Locations

Plate/Store

Yield 1 pan **Cook**
Portion 2 oz
Num Portions 32

Nutrition Facts	
Serving Size 2 oz (57g)	
Servings Per Container 32	
Amount Per Serving	
Calories 386 Calories From Fat 136	
% Daily Value	
Total Fat 15g	23%
Saturated Fat 3g	11%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 359mg	15%
Total Carbohydrates 62g	21%
Dietary Fiber 2g	9%
Protein 3g	
Vitamin A 15%	Vitamin C 7%
Calcium 3%	Iron 9%

* Percent Daily Values are based on a 2000 calorie diet.

The following items are not included in the label data

Ingredient

extract, almond

Reason

No nutrition information