

Date: 7/6/2012
Time: 10:20 AM



Cookie, Ranger
Hesston College

Author
Categories
Tools
Locations
Plate/Store

Yield 1 case **Cook**
Portion 1 oz
Num Portions 336

Nutrition Facts

Serving Size 1 oz (28g)
Servings Per Container 336

Amount Per Serving

Calories 130 Calories From Fat 54

% Daily Value

Total Fat 6g 9%

Saturated Fat 2g 11%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 60mg 2%

Total Carbohydrates 16g 5%

Dietary Fiber 1g 4%

Protein 1g

Vitamin A 0% Vitamin C 0%

Calcium 0% Iron 4%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

Low Cholesterol
Low Sodium