

Date: 7/2/2012

Time: 2:09 PM



Coffee Cake, Blueberry

Hesston College

Author

Categories Dessert, cake

Tools Metal spatula 2", Pan ST 2 1/2"

Locations

Plate/Store

Yield 2 pan

Cook 35 minutes

Portion 2 oz

Num Portions 80

Nutrition Facts	
Serving Size 2 oz (57g)	
Servings Per Container 80	
Amount Per Serving	
Calories 226 Calories From Fat 65	
% Daily Value	
Total Fat 7g	11%
Saturated Fat 2g	7%
Trans Fat 0g	
Cholesterol 33mg	11%
Sodium 283mg	12%
Total Carbohydrates 38g	13%
Dietary Fiber 1g	4%
Protein 3g	
Vitamin A 7%	Vitamin C 4%
Calcium 7%	Iron 5%
* Percent Daily Values are based on a 2000 calorie diet.	

The following items are not included in the label data

Ingredient

extract, almond

Reason

No quantity specified
No nutrition information