

Date: 7/3/2012

Time: 1:55 PM



Cake, Cheese (Cherry)

Hesston College

Author

Categories Dessert, cake, Dessert, misc

Tools Pan ST 2 1/2", Spoon solid

Locations

Plate/Store

Yield 2 pan **Cook**

Portion 3 oz

Num Portions 80

Nutrition Facts	
Serving Size 3 oz (85g)	
Servings Per Container 80	
Amount Per Serving	
Calories 350 Calories From Fat 108	
% Daily Value	
Total Fat 12g	18%
Saturated Fat 7g	30%
Trans Fat 0g	
Cholesterol 13mg	4%
Sodium 521mg	22%
Total Carbohydrates 66g	22%
Dietary Fiber 1g	3%
Protein 9g	
Vitamin A 7%	Vitamin C 4%
Calcium 32%	Iron 4%
* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

Low Cholesterol

High in Calcium

High in Carbohydrates

Good Source of Protein