

Date: 7/6/2012  
Time: 12:33 PM



**Bars, Lemon**  
Hesston College

**Author**  
**Categories**  
**Tools**  
**Locations**  
**Plate/Store**

**Yield** 1 box      **Cook**  
**Portion** 3 oz  
**Num Portions** 80

<b>Nutrition Facts</b>	
Serving Size 3 oz (85g)	
Servings Per Container 80	
Amount Per Serving	
<b>Calories 210</b> <b>Calories From Fat 47</b>	
% Daily Value	
<b>Total Fat</b> 5g	8%
Saturated Fat 3g	12%
Trans Fat 0g	
<b>Cholesterol</b> 38mg	13%
<b>Sodium</b> 128mg	5%
<b>Total Carbohydrates</b> 36g	12%
Dietary Fiber 0g	0%
<b>Protein</b> 2g	
<b>Vitamin A</b> 0%	<b>Vitamin C</b> 0%
<b>Calcium</b> 0%	<b>Iron</b> 3%
* Percent Daily Values are based on a 2000 calorie diet.	

**Nutrition Descriptors**

Low Sodium  
Good Source of Carbohydrates