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# Tetrazzini, Turkey

Hesston College

## Author

**Categories** Casserole, Entree, Pasta/Rice/Noodles, Poultry

**Tools** Pan ST 4", Spoon solid

## Locations

**Plate/Store**

**Yield** 225 ea

**Cook**

**Portion** 4 oz

**Num Portions** 225

## Nutrition Facts

Serving Size 4 oz (113g)

Servings Per Container 225

Amount Per Serving

**Calories** 376 **Calories From Fat** 108

% Daily Value

**Total Fat** 12g 18%

**Saturated Fat** 4g 17%

**Trans Fat** 0g

**Cholesterol** 39mg 13%

**Sodium** 83166mg 3465%

**Total Carbohydrates** 49g 16%

**Dietary Fiber** 12g 53%

**Protein** 26g

**Vitamin A** 15% **Vitamin C** 30%

**Calcium** 36% **Iron** 81%

\* Percent Daily Values are based on a 2000 calorie diet.

## Nutrition Descriptors

High in Vitamin C

High in Calcium

High in Potassium

High in Iron

High in Fiber

High in Protein

Good Source of Vitamin A

Good Source of Carbohydrates